



MN Iron Rangers Youth Camp

August 28-31, 2017

Our main priority for this camp is not only to make it affordable, but also fun for our participants. We want to provide everyone with the opportunity to improve their hockey skills as well as develop a sense of sportsmanship, self-esteem and respect for others. Efforts will be made to match participants to appropriate skill levels. Each day will include 2.5 hours of on-ice time and 1 hour off-ice. On-ice time will be loaded with small area games, drills to improve skills, a scrimmage and tons of fun. Each camper will get a chance to meet some of the Rangers and participate with them on and off the ice. Off-ice time will consist of grabbing a snack, dry-land training in the gym to train your muscles for speed and power, and a film session.

DATE: Monday, August 28 - Thursday, August 31, 2017
TIME: 8:00 am – 12:00 pm
PLACE: Hoyt Lakes Arena
LEVELS: Birth Years 2002 – 2008
COST: \$125 (t-shirt and snacks provided)

Doors open at 7:30 am. **Parents** – Please come in with your child the first day to make sure we have all paperwork we need for registration and proper equipment. They should have full hockey gear with them, including a stick. Have your child bring a water bottle with them.

For more information, contact Cherie Grams (218.780.6144). Mail payment and completed forms to: 301 Lakeview Dr., Hoyt Lakes, MN 55750 - email to csgrams@frontiernet.net. Credit card payments (a 3% processing fee does apply) can be made by calling 218.225.2654 or given the day of camp.

Check Which Level Your Child Will be Registering For:

_____ 2002 _____ 2003 _____ 2004 _____ 2005 _____ 2006 _____ 2007 _____ 2008

Position Played _____

Release of Liability: I, and my heirs, in consideration of my child's participation in the Ranger Youth Camp, hereby release MN Iron Rangers, it employees and any other people officially connected with the organization, from any and all liability for damage to or loss of personal property, sickness or injury from whatever source, legal entanglements, imprisonment, death or loss of money, which might occur while participating in this camp. Specifically, I release said persons from any liability of responsibility for: my child's physical condition, for the condition or selection of course route and for the presence or actions of any other participants. I am aware of the risks of participation, which include, but are not limited to, the possibility of sprained muscles and ligaments and fatigue. I hereby state my child is in sufficient physical condition to accept a rigorous level of physical activity. I understand that participation in this program is strictly voluntary. I verify that I will be responsible for any medical costs incurred as a result of my child's participation.

Name of participant: _____ Phone # _____
Address: _____

Signature of Parent/Guardian: _____ Date _____
Print Name of Parent/Guardian: _____ email address _____

Daytime Contact No.: _____ T-shirt Size _____

Consent to treat and insurance information to be provided once registered. Thank you.